

# SUNBURST

The Newsletter for Seniors United Now

Sherwood Business Center – Park Centre Hotel  
#37 2016 Sherwood Drive, Sherwood Park, AB T8A3X3  
Telephone 780-449-1816 Toll Free 1-855-786-8669  
www.seniorsunitednow.com  
Email unitenow@telus.net



The Voice of Seniors in Alberta

## NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the  
Annual General Meeting of  
Alberta Seniors United Now Society

will be held as follows:

**Wednesday April 25<sup>th</sup>, 2018**

Santa Maria Goretti Community Centre  
11050 – 90<sup>th</sup> St Edmonton, AB

9:00am – 10:00am Meeting Registration

**Keynote Speaker: Honourable Lori Sigurdson**

**Minister of Seniors and Housing**

For the purpose of:

1. President's Report
2. Receiving and considering financial statements for the year ended December 31, 2017 and the report of the auditors thereon
3. Electing Directors
4. Transacting such further business as may properly come before the meeting or any adjournment thereof

**Dated 28th day of February 2018**

Registration Required see page 2

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## ***President's Report:***

The Board of directors have been addressing our revised 2017-2018 priorities. We have been working on all of them by preparing position papers, seeking meetings with the appropriate ministers, and sharing our priorities with the PIA, Seniors Working Group.

The Board is seeking a meeting with the Honourable Lori Sigurdson, Minister for Seniors and Housing. We plan to present our revised priorities and to present her with our position paper on stable affordable housing concerns, in the province of Alberta.

The Board is also seeking a meeting with the Honourable Joe Ceci, President of the Treasury Board and Minister of Finance. We will also present our priorities with emphasis on a position paper, recommending increasing COLA (Cost of Living Adjustment) to 100%.

PharmaCare continues to be a priority for the government and SUN is monitoring the governments planning process and is involved in the current group discussions on pharmacare proposed changes for the future. Our Executive Director, Linda Osborne, is a member of the Alberta Pharmacare Working Group and keeps the Board apprised of the direction the working group is taking. SUN's position is that all seniors must receive the same benefits, regardless of their income. We all paid our taxes and should enjoy equitable benefits.

Home care services in the province continue to be inadequate to meet the current need for services. SUN is receiving increased complaints that wait times for receiving services are getting longer, there appears to be a cut back in approved services, and seniors are not receiving the help they need to remain in their homes. Alberta continues to grow in population, which means that the number of seniors also grows each year. Home care funding and service availability are not keeping up with this growth. The outcome of inadequate home care is that seniors must be admitted to a hospital to have their needs met. This is expensive and does not assist aging in place.

Continuing care is plagued with long waiting lists and access is difficult to achieve. As the government moves from continuing care being delivered by private companies to facilities being managed by Alberta Health, the question is, will this move increase available beds or just maintain the status quo? The promise of the government is that their projects will put residents' interests in the forefront. This is great, but if there is not an improvement in access or in quality of life for residents, while operating costs increase, then nothing would have been gained over the status quo. We need improvement in the system - not a different way to do the same thing. We trust that system improvements are a major objective within the planned government changes.

The board continues to advocate for our members, both on an individual basis and for increased financial and life style benefits for all seniors in Alberta. We are working on your behalf to be the "Voice of Seniors" in Alberta. As deficits rise, we are concerned that services may be cut to lower these deficits.

The board will continue to monitor the situation and appreciates the continuing support we receive from our membership.

Gordon Voth, President

## **AGM REGISTRATION**

For online Registration visit the SUN website [www.seniorsunitednow.com](http://www.seniorsunitednow.com)

Mail in registration form is located on page 12

Registration can also be made at any Chapter meeting prior to April 20<sup>th</sup>



## ***Pension Advocacy Update***

The Board of Directors have requested a meeting with the Honourable Joe Ceci, President of the Treasury Board and Minister of Finance.

The purpose of the meeting is to introduce our organization, present our 2017-2018 priorities and to discuss our position paper, which recommends, how the annual cost of living adjustment (Cola) could be increased to 100% without the government having to use tax dollars to fund a 100% cola each year.

The benefit of our recommendation is that seniors, on a fixed pension income, could continue to have the same purchasing power for goods and services from year to year. When a senior's income continues to fall behind inflation, their ability to maintain their current life style is compromised. We are advocating that all seniors have the right to remain in their home for as long as possible. This is the hope we all have, and it saves tax dollars as seniors live a fuller life in our homes.

Gordon Voth

## ***Executive Director's Report:***

As we head into Spring, I hope our members are looking forward to warmer weather as much as I am.

The North West emerging chapter is growing with new members under the leadership of Keith Hembroff and the support of myself and board members Wayne Sorensen and Ed Hamaluik.

Unfortunately, our Volunteer Coordinator Laurie Christensen was unable to continue in her position as she accepted a full-time job with another company. Thanks to Laurie for all her efforts this past year. I am now actively looking for a new person to fill the Membership / Volunteer Coordinator position.

Lethbridge meetings in May and June are still in the planning stages. SUN will be contacting members in that area in April with the exact date and location.

I would also like to encourage as many members to attend our AGM on April 25, 2018 with our guest speaker, the Honourable Minister Lori Sigurdson.

Linda Osborne  
Executive Director

## **SUN BOARD OF DIRECTORS**

**2017 - 2018**

**Gordon Voth**  
President

**Gerald Northam**  
Vice President

**Barrie Pratt**  
Treasurer

**Wayne Sorensen**  
Secretary

**Ed Hamaliuk**  
Director

**Alanna Hargan**  
Director

**Cathy Olesen**  
Director

**Bob Price**  
Director

## **SUN STAFF**

**Linda Osborne**  
Executive Director

**Lynn Penner**  
Office Administration



## St. Albert Gazette Article – Showcases local Chapter

Reprinted Courtesy of St. Albert Gazette – Lucy Haines

The upcoming municipal election is a prime time for residents to raise issues of concern to candidates. For one group of local seniors, affordable housing is at the top of the agenda, joined by ongoing concerns with taxation, health and more.

Formed in 2002, and with chapters province wide, Seniors United Now (SUN) maintains a dynamic chapter in St. Albert, about 150 members strong, who have no problem getting their message across to city or provincial government representatives.

The non-profit advocacy group has about 2000 Alberta members. The St. Albert Chapter members meet monthly to hear speakers on issues from property taxes and transit to the local hot-button matter of affordable housing. In a city with approximately 13,000 seniors and growing. SUN points to the glut of traditionally large single-family homes that don't reflect the growing number of seniors who want to downsize to smaller homes or move to affordable apartments and condos. "Advocating for housing diversity is a key priority for SUN, and a key part of our action plan going forward." Says Dick Tansey, chair of the SUN St. Albert Chapter. "We've still got very few affordable apartment buildings for independent seniors, and a real lack of smaller bungalows. There are seniors living in the gap: those who aren't in assisted living or long-term care (programs with government assistance) but who are independent and pay more than 30 per cent of their income toward rent. Many want the option of a smaller house, but the developers have no incentive to create it."

Tansey says SUN is finalizing a report that it will present to the city, asking for councillors to consider offering financial incentives to those developers who will address that segment of the market looking for affordable, smaller bungalows – a sought-after alternative to renting or buying apartment style condo suites. The group also plans to bend the ear of every council candidate with a late September meet-the-candidate forum, (open to all) and which will follow a speed-dating-type format. Each resident can spend five minutes in a one-on-one setting with a candidate to see where they stand on such issues as affordable housing.

SUN has a track record of getting things done. The group pushed government to create the Seniors Property Tax Deferment Act, which allows senior homeowners struggling financially to defer such payments – along the lines of a reverse mortgage, says Tansey. It helps independent homeowners stay in their own homes longer. "Sometimes it's a house rich but cash poor scenario". Letter-writing campaigns and presentations can be two steps forward and one step back, but our advocacy does create change. We're the voice of seniors in Alberta, and there's strength and power that can come when all voices are united in one large group. We can have an impact.

### LONG WAIT LISTS

Tara Burnett outreach supervisor with the St. Albert Seniors association (the former 50+ Club), say she's well aware of the high monthly rental costs at several local seniors' complexes (upwards of \$2,000 and \$3,000) and the long wait lists (a year or more) at the more affordable spots in town. "It's an issue of great concern to our membership too. We like to meet our members wherever they're at – as involved as they want to be – so sometimes that's a presentation here. I've also done talks at SUN on transportation and elder abuse. SUN is vibrant and well-informed and is an outlet for seniors who want to be an active part of the issues. Ultimately, SUN's work also supports our own goal of keeping local seniors engaged, not isolated." Burnett says.

At monthly meetings, SUN brings in speakers on a wide range of topics: library services, legal matters (personal directives / wills) as well as working on broad issues such as the Human Rights Act. Whether with email or letter writing campaigns to MP's or MLA's, the group is working on age-discrimination at 55-plus housing facilities, maintaining medical exams for drivers over age 75, and even goods and services like seniors' discounts at recreational facilities.

SUN welcomes new members at any time of the year. Those interested can call 780-449-1816 or check out the website at [www.seniorsunitednow.com](http://www.seniorsunitednow.com) A \$25 annual fee (\$40 per couple) provides a quarterly newsletter and invitation to monthly speaker meetings.



## Health, senior & labour groups forge agreement on pharmacare campaign in Alberta

Representatives from health, seniors' and labour groups in Alberta will be joining organizations across Canada to make pharmacare an election issue at upcoming provincial and federal elections.

### Will work toward provincial & federal elections



#### Agreed to Pharmacare campaign:

- \* **Alberta Council on Aging (ACA)**
- \* **Alberta Federation of Labour (AFL)**
- \* **Alberta Federation of Union Retirees (AFUR)**
- \* **Canadian Labour Congress (CLC)**
- \* **Canadian Health Coalition (CHC)**
- \* **Council of Canadians**
- \* **Friends of Medicare (FOM)**
- \* **Global Foundation for Harmony & Sustainable Development**
- \* **Public Interest Alberta (PIA)**
- \* **Seniors Action & Liaison Team (SALT)**
- \* **Seniors United Now (SUN)**

The groups responded to a call issued by the Alberta Federation of Union Retirees (AFUR) to meet at United Nurses of Alberta Edmonton headquarters earlier this week to explore ways of working together toward a universal prescription drug plan. They agreed to work from a common calendar, aimed at applying pressure on Alberta and the Federal government to implement such a program by 2020.

Representatives from the Canadian Labour Congress (CLC) and the Alberta Ministry of Health presented elements of a universal prescription plan that would achieve accessibility, universality and other features of a comprehensive plan. It was agreed that these would be focal points in a campaign to begin in early 2018 under the direction of a working group that would coordinate actions, resources, and tools of engagement.

According to AFUR President Lucien Royer, the agreement this week builds on a growing number of organisations and social movements across the country that are determined to make pharmacare a reality, in unison with public health care

“National organisations such as the Canadian Health Coalition (CHC), Canadian Labour Congress (CLC) and the Congress of Union Retirees of Canada (CURC) have already made it a national priority and many more are joining the effort” he said.

“We know that 92% of Albertans support a universal program, and we are therefore upbeat about the positive momentum for change and the prospects it presents for common strategies to coalesce at upcoming elections”.

AFUR is the provincial body that coordinates the work of CURC in Alberta. It coordinates the efforts of local area councils across the province. Follow up to this weeks meeting is already planed by at a special dinner of the Edmonton Area Council this Sunday 10 December 6:00 pm. Further information about this meeting can be obtained from the Edmonton President at [judy.lederer@hotmail.com](mailto:judy.lederer@hotmail.com)

For further information Lucien Royer  
[lroyer@gfoundation.ca](mailto:lroyer@gfoundation.ca)

*Guest Column – Joel French*

**Public discussion about Alberta's carbon tax tends to raise two important subjects for discussion: the urgent need for action on climate change and the severe shortage of tax revenue in our province.**

On both, the provincial government's actions have been cautious and highlight the need for much more work to be done. However, the carbon levy as it is currently designed is an essential step in the right direction after decades of inaction on climate change.

Every political leader in Alberta agrees, at least in word, that human-caused climate change requires government action.

While a carbon price is not a silver bullet for tackling climate change, a plan without one would have limited impact in achieving the goals required by climate science. The most common argument against the carbon tax in Alberta is an economic one. However, nearly every economist in the world favours putting a price on carbon.

We have precedents to draw from to ensure the policies we adopt are effective both for combatting climate change and for boosting the economy. In 1991, Sweden introduced a carbon tax, which sits at \$200 per tonne today. Their economy has continued to grow at a pace similar to Alberta's, and their greenhouse gas emissions have decreased by nine per cent over that time.

The very limited action the previous government took in Alberta, mainly very expensive carbon capture and storage projects, had negligible effect by comparison. Over the same period, Alberta's emissions increased by 150 per cent. Clearly, the status quo was not working.

Alberta's carbon tax, implemented this year, started at \$20 per tonne and, following the federal government's upcoming floor price, will grow to \$50 per tonne by 2022. Alberta's carbon pricing may need to be even more ambitious than planned to achieve the emissions reductions required by climate science. Such progress need not be at the expense of the economy.

The key is to reinvest the revenue in measures that both reduce greenhouse gas emissions and spur economic growth. Investments in energy efficiency create significant numbers of good jobs and reduce emissions at the same time. Making homes and workplaces more energy-efficient also reduces power and heating bills. Alberta's climate plan puts a high priority on these measures through the creation of the Energy Efficiency Alberta agency and related programs.

The most significant piece of climate change policy our province still lacks is a way to track progress on reducing emissions. The government plan does not include specific targets or estimates of how much each measure will reduce greenhouse gas emissions. We need much more accountability for how well the plan is working.

Some say a carbon tax should be revenue neutral, meaning other taxes are cut to prevent an increase in overall government tax revenue. Not only would that prevent the above government actions from happening, but when Alberta is short roughly \$10 billion in annual operational revenue, it makes little sense.

Alberta's tax system is by far the worst in the country at raising revenue to collectively pay for public services Albertans want, need, and value. A recent poll commissioned by the Parkland Institute shows 66 per cent of Albertans support a carbon tax if the funds are used to invest in public services like health care and education.

Even if some carbon tax revenue is, at least in the short term, allocated to help address our province's revenue shortage, a more extensive conversation is needed. The tax systems of other provinces would raise between \$8.7 billion (British Columbia) and \$22.4 billion (Newfoundland and Labrador) in additional revenue if adopted in Alberta. We need a broad public discussion to figure out a fair way to close that gap to protect and strengthen our public services.

Alberta's carbon price is a cautious step in the right direction. It is necessary to make any real progress on preventing or even mitigating climate change, and those who oppose a carbon price need to state clearly what alternative measures they favour. The global transition away from emissions-intensive industries will not happen overnight, but it has already started, and any political leaders ignoring it are doing a disservice to Albertans and our future.

*Joel French is executive director of Public Interest Alberta.*



### South Edmonton Chapter Quarterly Activity Summary

The South Edmonton Chapter meets on the second Friday of the month. Meetings are held:

Whitemud Crossing Public Library - Program room  
4211 – 106<sup>th</sup> Street

Coffee and snacks start at 1:00 pm for early arrivals, followed by a 50-minute presentation, a 10-minute refreshment break, and a 30-minute question period. We would like to thank Millwoods McDonald's for the coffee and Save-On-Foods on Calgary Trail for the snacks for our presentations.

#### What's Happened...

**February 9, 2018** Gwen Petryk, Geriatric Consult Pharmacist from Alberta Health Care Services, spoke on MANAGING MEDICATION. She spoke about problems in failure to take medication properly and care of medication. This was an excellent, clear presentation About 40 people attended.

**March 9, 2018** The Importance of a PharmaCare Plan for Canadians Sandra Azocar, Friends of Medicare Executive Director, did a presentation on the need for a National Pharmacare program. (This meeting took place during the sunburst publication time, so details were not available)

#### What's Upcoming...

**April, 2018** We will not have a presentation in April, our chapter's volunteers will be helping with the AGM on April 26.

**May 11, 2018** The presentation will deal with the issue of dementia, but details have not been worked out yet. Also, in May, South Chapter will host the annual Chapters President / Chairs meeting. More about that later, but I would appreciate any items to be added to the agenda.

We welcome everyone to our meetings, member or non-member. Please join us. We are also looking for volunteers to become part of our chapter steering **committee**. Members are encouraged to attend SUN's AGM on April 26. If you are interested, please contact one of the two executive members below.

Cynthia Lazarenko 780-436--9720

Robert Price 780-437-9694

Co-chairs Edmonton South Chapter

### Calgary Chapter Quarterly Activity Summary

The Calgary Chapter meets regularly in January, April, June and October. We don't have a permanent meeting location but like to change it up so that our meetings can be attended by all interested seniors who live in the various areas of the city.

#### What's Happened...

**January 11, 2018** – 22 brave souls weathered the extreme winter conditions to meet in the Fish Creek Library on Bonaventure Drive S.E. The guest speaker was Angie Catenacci from Calgary Neighbourhoods at The City of Calgary. She spoke about the Seniors Age-Friendly Strategy and the priorities which are access to information and services; community support and health; housing, participation and inclusion; prevention of and response to elder abuse; and transportation and mobility. Everyone has a part to play in helping make age-friendly communities a reality. You can find more information on the website <http://www.calgary.ca/agefriendly> where you can download the **Seniors Age-Friendly Strategy and Implementation Plan 2015-2018**.

The University of Calgary is testing the impact of **Free Preventive Medications** in Seniors. Call 1-844-944-8927 to confirm if you are eligible to take part in this study.

#### What's Upcoming...

Date: **April 12, 2018 (Thursday)**

Time: 12:30 pm

Location: TBA

Topic: TBA



Check the Seniors United Now website closer to this date for specific information on the topic and venue.

#### **Please come and join us - Everyone is welcome**

Interested in making a difference for Alberta seniors? We are always looking for volunteers to help "lighten the load". If you want to find out more about SUN and our advocacy work with the provincial government, please call or text me at 403-669-3793.

Alanna Hargan – Chair Calgary Chapter

**St. Albert Chapter****Quarterly Activity Summary**

Chapter meetings are held on the 4th Monday of each month at 1:30pm at Cornerstone Hall, 6 Tache Street, St. Albert. We do not meet in July, August or December.

Our steering committee strives to keep our membership informed on local issues which include: property taxes, user fees, utility costs, transportation and affordable housing. Our steering committee also continues to monitor and report on critical issues including: changes to Health Care, seniors' benefits, and other issues of importance to seniors.

**What's Happened...**

**January 22, 2018** Our guest speaker, Melany Fuller of the local Primary Care Network office gave an excellent presentation on the benefits of **"A Prescription to Get Active"**. It is a motivational program proposed to assist our seniors to remain healthy as long as possible, to avoid isolation and to reduce stays in hospitals and intuitions. Importantly, it is free or of low cost. All one must do is to see their doctor or health professional to get started. Servus Place and GoodLife Fitness offer programs designed to help seniors in St. Albert. Indoor malls and walking trails are available in our area to anyone who wishes to get fit on their own or in groups. Household duties help one get chores done while remaining active. Thirty minutes five times a week is all that it takes. Benefits include prevention of diabetes, strokes, colon cancer and cardio vascular issues as well as feeling strong mentally. Contact the local PCN office online at [www.saspcn.com](http://www.saspcn.com) or at the St. Albert Centre mall, unit 196 for details. Ph.780-419-2414.

**February 26, 2018** **"Office of the Seniors Advocate Year in Review"** by Leslie Sorenson, Seniors Advocate Representative Leslie gave a power point presentation of the first nine months of operation, since inception in September 2016, under the leadership of Dr. Sheree Kwong See.

The purpose of this semi-independent agency is to link seniors' issues with resolution, to analyze causes and to initiate changes to existing seniors' policies. There are similar Advocacy groups in B.C., NL, N.B. all with varying goals but not as comprehensive as in Alberta. The annual report which covers all of Alberta, handled 562 cases with 2500 contacts via phone, email and website. Income support, House and Home support, Social support and Health Care Support are the basic categories addressed. Ageism advocacy is required across ministries, advocacy for a housing **"Direct to Tenant Rent Supplement Program"** and advocating for consistent messaging in all departments is ongoing. Seniors housing under Bills 10 and 22 is given input. Seniors' councils could be set up in each resident community to help alleviate issues between tenants and landlords. The audience queried mental and financial abuse, intake of unqualified staff without proper attitude and training, lack of accountability and deteriorating intergenerational respect and learning.

**What's Upcoming...**

Monday	<b>March 26, 2018</b>	Overview of Homeland Housing in St Albert - Bill Eaves, Manager HH
Monday	<b>April 23, 2018</b>	Topic & Speaker TBA

**Chapter News...** Chapter Chair, Dick Tansey and Co-chair, Don Diack announced their decisions to step down. Judy Tansey and Lib Diack our greeters and helpers, will follow. The steering committee's knowledgeable Ireen Slater has decided to retire. Our appreciation and gratitude go to those who promoted the St. Albert chapter so passionately and tirelessly. Our community owes much for their service.

We look forward to a bright future with our members and new opportunities and fulfilment. If you wish to offer your support and talents, it is urgently needed. Please contact the writer at 780-459-5609

Paul Stocker - Interim Chair



### North East Edmonton Chapter Quarterly Activity Summary

We hold our meetings at McClure United Church located at 13708 – 74 Street Edmonton. Our chapter meetings are held on the second Tuesday of each month at 1:30pm except for July, August and December.

Our chapter reports on current SUN Board activities as well as providing guest speakers to discuss senior related topics, including a question and answer session.

#### What's Happened...

**JANUARY 9, 2018** We kicked off the New Year, holding our meeting on a very cold wintery day. Our guest speaker was Miranda Koshelek, Community Librarian at the Londonderry Branch of the Edmonton Public Library. She conducted a very informative presentation; library cards are free and the average library member receives at least \$584 of free services annually.

**FEBRUARY 13, 2018** We recognized that most seniors want to know what their senior benefits are. Therefore, the topic of this meeting was "Federal Government Senior's Benefits". Everyone went home happy with more information that they can share with their family and friends.

#### What's Upcoming...

**MARCH 13, 2018** We have arranged A.M.A. to present the topic "**Seniors Mobility and Aging Driving**" which I know will be of interest to seniors. Find out what you can do to improve your driving skills.

**APRIL 10, 2018** At this meeting we can learn what is the **Social Isolation Impact on Seniors** and what some of the indicators are. Be prepared for a very informative presentation from Tim Henderson.

We extend an open invitation to attend our Chapter meeting, enjoy the fellowship and refreshments, listen and learn from our informative guest speakers; try your luck at the 50/50 draw. Admission is free so bring a friend.

A special thank you to Londonderry Mall Save-on-Foods for donating delicious pastries for our meetings.

Wayne Sorenson  
Chairperson, Edmonton North East Chapter

### Sherwood Park / Strathcona County Chapter Quarterly Activity Summary

Chapter meetings are held on the 3rd Tuesday of each month except July, August, and December. Meetings commence at 1:30pm and are held at Bethel Lutheran Church located at 298 Bethel Drive, Sherwood Park.

#### What's Happened...

**November 2017** Senior Driving – Keeping Mobile

The speaker, Rick Robie an AMA Driving Instructor, spoke about what seniors can do to improve their driving skills. Rick gave us information on Driver Refresher Courses, including dates and prices. This was followed by a Q and A period. Pamphlets were also available.

**January 16, 2018** Social Isolation

There were about 45 people in attendance. The speaker, Tim Henderson, project Manager from Pegasus, spoke about why and how seniors are becoming isolated and what they can do to feel less isolated.

**February 20, 2018** Trouble Sleeping-Try Sleep 101 This interesting meeting was attended by 45 individuals. Milton Clark, Program Manager, PCN gave a power point presentation. He spoke about the factors which affect sleep such as diet, exercise, and blue light. Some things which may help sleep are taking a warm bath, the use of aromatherapy, avoiding caffeine drinks, have regular bedtime hours, reduce light in the bedroom, no TV, no pets in the bed, stay hydrated. There were handouts to accompany the slides. Questions were asked throughout the presentation.

#### What's Upcoming...

**Tuesday March 20, 2018**

Topic and Speaker: **Mayor Rod Frank** - The First 90 Days

**Tuesday April 17, 2018**

Topic and Speaker: **Pharmacare** - Friends of Medicare  
Sandra Azocar

Join us! We welcome your wisdom, experience, and enthusiasm!

Submitted by Lillian Bulman

**Lethbridge Chapter Development**

The formation of a Chapter for the Lethbridge area is in the initial stages, with the goal of having this chapter up and running soon.

An information session will be scheduled in May or June 2018. Visit the SUN website for updates. All Lethbridge & area SUN members will be personally contacted with the meeting information.

If you are interested in assisting with this chapter, contact SUN Executive Director Linda Osborne

E-mail: [sunexdir@telus.net](mailto:sunexdir@telus.net)  
Or phone (780) 920-3058

**North West Edmonton Chapter  
Quarterly Activity Summary**

The North West Edmonton Chapter meets the second Wednesday of the month, except July, August & December. Join us at Trinity United Church 8810 Meadowlark Road Meeting Registration 1:00PM Presentation 1:30PM

**What's Upcoming...**

Wednesday March 14, 2018  
Topic: Federal Seniors Benefits  
Speaker: Service Canada Representative

Wednesday April 11, 2018  
Topic: TBA  
Speaker: TBA

**Please come and join us - Everyone is welcome**

**Winter Freeze Cash RAFFLE  
Winners Dec 15, 2017**

Congratulations to the following SUN members:

Ticket #240 C. Veeken – Sherwood Park, Ab  
Ticket #053 R. Hagel – Hinton, Ab

Thanks to all members that purchased tickets!

**Notice by Nominating  
Committee of the Board of  
Directors**

The nominating committee is seeking SUN members who would be interested in having their name, put forward for election to sit on the Board of Directors at the April 25, 2018 Annual General Meeting If you are interested, please forward your name & contact information to:

SUN Administration Office:  
Attention: Nominating Committee  
Sherwood Business Center  
#15 2016 Sherwood Drive  
Sherwood Park, AB T8A 3X3  
Email: [unitenow@telus.net](mailto:unitenow@telus.net)



**You are cordially invited to attend  
The Annual General Meeting of  
Alberta Seniors United Now Society**

**Wednesday, April 25, 2018**  
Santa Maria Goretti Community Centre  
11050 - 90 St Edmonton, AB  
9:00 AM – 10:00AM Registration  
Come early beat the 9:45 AM rush

**Registration deadline is April 20, 2018**

**Members registered before April 10<sup>th</sup>**

**Will be entered in an Early Bird Prize Draw**

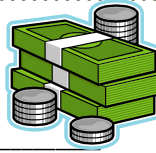
**All members in attendance eligible for  
DOOR PRIZES!!**

**AGM volunteers required**

**Greeters, Registration table & 50/50  
Contact Linda @ [sunexdir@telus.net](mailto:sunexdir@telus.net)  
or 780-920-3058**

**RAFFLE RULES**

**Put Some Green in your Spring - cash RAFFLE**



Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ For Office USE: \_\_\_\_\_

Email \_\_\_\_\_

Individual Tickets: \_\_\_\_\_ Tickets \$5.00 each \$\_\_\_\_\_ (100 available)

5 tickets \$20.00 \_\_\_\_\_ Sets \$20.00 each \$\_\_\_\_\_ (100 sets available)

10 tickets \$30.00 \_\_\_\_\_ Sets \$30.00 each \$\_\_\_\_\_ (50 sets available)

**Draw Date May 18, 2018 License #487268**

**Please make your cheque payable to SUN**



- 1) Raffle tickets must not be sold to a person under the age of 18 years.
- 2) The purchase price of each ticket shall be: \$5.00 each OR 5 tickets \$20.00 OR 10 tickets \$30.00
- 3) To be eligible for draws, the ticket order and purchase amount must be received in SUN office by 10:00am, May 18, 2018
- 4) The prize payout shall be as follows:  
 1<sup>st</sup> prize 25% of the gross ticket sale revenue  
 2<sup>nd</sup> prize 20% of the gross ticket sale revenue
- 5) The draw(s) shall be made at the SUN office: #15 2016 Sherwood Drive, Sherwood Park, AB T8A3X3 prior to 3pm, May 18, 2018
- 6) The winning ticket buyers shall be notified by telephone; their names will be publicized in the next newsletter & on the SUN website. The winning ticket buyers will be awarded the prize via cheque drawn on SUN.
- 7) In the event of any concern or dispute regarding this raffle, please contact Lynn Penner at the SUN administration office. (780) 449-1816
- 8) Raffle tickets are official when payment is received & numbers issued by the sun raffle chairman.
- 9) Your Ticket numbers are available by contacting the SUN office

**SUN MEMBERSHIP Renewal / Donation Jan – April 2018**

Individual:  \$25 per year  \$50 2 years Lifetime:  \$200

Joint:  \$40 per year  \$80 2 years Lifetime:  \$300

**Donation in addition to membership dues**

\$5  \$10  \$15  \$20  \$25  other \$\_\_\_\_\_

Cheque(s) enclosed Chq# \_\_\_\_\_ Total \$\_\_\_\_\_ **Please make cheque payable to Seniors United Now**

Renewal \$ \_\_\_\_\_ Donation \$ \_\_\_\_\_ Raffle \$ \_\_\_\_\_ AGM \$ \_\_\_\_\_ Your stamp on our return envelope helps us reduce postage costs

Membership # \_\_\_\_\_ (see Back Page) Joint Member (if applicable) Membership # \_\_\_\_\_

YES - replace my membership card  YES - replace my membership card

(Please attach a stamped self-addressed stamped envelope if you are requesting a replacement card)

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Year of Birth: \_\_\_\_\_ (used for SUN demographics only) Year of Birth: \_\_\_\_\_ (used for SUN demographics only)

Address: \_\_\_\_\_

(If different from mailing label on reverse)

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ (send me electronic SUN information)

YES – I'm interested in volunteering, please contact me.

**AGM REGISTRATION FORM**

15th Annual General Meeting

Alberta Seniors United Now Society

Name(s) \_\_\_\_\_

Membership #: \_\_\_\_\_ # \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

(If different than indicated below)

Postal Code: \_\_\_\_\_ Email: \_\_\_\_\_

**Tickets: \$10 per individual Current Member \$30 per non-member**

**Ticket price includes admission - light lunch & refreshments**

(Tickets will be held for pick-up at AGM pre-paid registration table)

**PAYMENT OPTIONS:**

**Online:** visit our website homepage See AGM notice & click on the “Buy Now” Button

**Mail:** Seniors United Now #15 2016 Sherwood Drive, Sherwood Park, AB T8A 3X3

#of Tickets \_\_\_\_\_ Amount: \$ \_\_\_\_\_ Cheque# \_\_\_\_\_

Registration deadline is April 20, 2018

**Pre-registration is required to facilitate planning of seating, lunch and refreshments**

**Return Undeliverable Canadian**

**Addresses to:**

#15 - 2016 Sherwood Drive,  
Sherwood Park, Alberta, T8A 3X3

Thank-you for being a  
SUN member, your  
membership is:

**Canadian publication**

**Agreement No. 40917510**