

May 2020

Seniors United Now

2nd Quarter 2020
Issue 50

SUNBURST

The Newsletter for Seniors United Now

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SENIORS UNITED NOW

The Voice of Seniors in Alberta

NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the

Annual General Meeting of

Alberta Seniors United Now

will be held as follows:

Wednesday

Santa Maria Centre

Edmonton, AB

Meeting Registration

POSTPONED

SUN Annual General Meeting has been tentatively rescheduled for Wednesday Sept 30th, 2020 subject to an all clear from the Provincial Government to safely hold gatherings.

Please visit the SUN website or contact the SUN administration office for a current update on the rescheduling of the Annual General Meeting.

Contents

President's Report	2
Executive Director	3

Chapter News

Calgary	4
Edmonton South	6
Sherwood Park /	
Strathcona County	7
St. Albert	9
Edmonton North West	9
Edmonton North East	10

Membership

Cash Raffle Winner Leprechaun	4
Renewal Incentive	4
Plea to Members	8
Volunteer Opportunities	8
Umbrella Cover - Cash Raffle	11
Renewal / Donation Form	11
Are You Due?	12
AGM 2020 Registration Form	12

Special Interest / Articles

The Year with no Summer	5
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President's Report:

Dear Seniors United Now Members,

We are living in an unprecedented time! You cannot turn on your TV or listen to the radio without hearing about COVID-19. The Province has received advice from some of the best medical experts, with the goal of protecting its citizens. Based on their advice the Province has declared a public health emergency. While everyone is at risk, seniors and those with complex health issues are most at risk for potentially life-threatening complications. To protect yourself, your family, and your community at large, currently one of the strongest recommendations is to restrict gatherings with every individual practicing "Social distancing or physical distancing".

As we are a seniors' organization, we need to set an example, and we need to protect our members, many of whom are at high risk. With this in mind, and with the utmost concern for the safety of our members, Seniors United Now is postponing the Annual General Meeting (AGM) scheduled for April 29, 2020. We will re-evaluate the situation as the Province's public health and their experts give advice and recommendations.

Our goal is to keep our members safe, and to work with and comply with the Province to keep all seniors safe. The SUN Annual General Meeting has been tentatively rescheduled for Wednesday Sept 30th, 2020 subject to an all clear from the Provincial Government to safely hold gatherings. For those members that registered for the April 29th AGM, your registration will be carried over to the new date.

The Executive Committee of the Board of Directors have been in communication regarding the most recent announcement by Premier Kenney, that all current measures in place will remain until May 31, 2020. Based on this decision, and the fact that seniors are more at risk, the Executive Committee has decided that all SUN Board, Chapter and Committee meetings will be canceled until May 31. The exception is meetings held via Zoom, conference call or computer exchanges. These meetings are to be held at the discretion of the chair.

The SUN administration office is operating on limited staff, limited hours and while not open to SUN members or the public. We are doing our best to respond to members enquiries in a timely manner.

We are committed to standing by you in these difficult days.

Take care of yourself and each other.

Gordon Voth, President

SUN BOARD OF DIRECTORS 2019 - 2020		
Gordon Voth - President	Gerald Northam - Vice President	William Holtz - Treasurer
Dellah Cohlmin - Secretary	Wayne Sorenson - Director	Bert Reich - Director
Robert Price - Director Stan Poznanski - Director		
SUN STAFF		
Linda Osborne - Executive Director 780-920-3058 sunexdir@telus.net		
Deborah Wilson - SUN Membership Coordinator 780-999-2313 suncoord@telus.net		
Lynn Penner - Office Administration 780-449-1816 unitenow@telus.net		

Executive Director's Report:

I hope this report finds you safe and healthy, in this wake of uncertainty.

During the past few months, I have continued to attend Public Interest Alberta Seniors Task Forces meetings to keep abreast of issues of seniors in Alberta. As of April, the meetings continue to be held but by virtual conferencing. PIA's Senior Task Force main concentration has been seniors care. Pharmacare meetings have not been occurring, however there is a small core group of individuals that continue to plan for action after the present crisis is over.

Our new Membership Coordinator, Deborah Wilson, has been working on ways to increase and retain membership as well as spreading the word about Seniors United Now. In early March, Deborah and I attended a Seniors Forum at St. Andrew Church Seniors Complex. It provided us with the opportunities to meet more seniors and inform them of what we do at Seniors United Now. Deborah and I will continue to attend other forums when things start up.

Prior to mid-March, I was attending Chapter meetings to provide support. It is our plan that we will continue our efforts in Calgary as soon as we are able to. The meetings in January and February were incredibly positive. As many senior agencies are now moving to Zoom meetings, it has allowed communication between us keeping us informed regarding senior issues.

It is important that seniors do not allow this isolation, to become completely isolated. If you have a computer, go online to check out some of sessions senior agencies such as SAGE have to offer. I live in an older area with a high percentage of seniors and it is important to look out for each other. My neighbor lost her husband in February and we make bi-weekly calls to each other just to check in.

So please do not hesitate to call an old friend or drop them a note, we are all in this together.

Respectfully submitted,

Linda Osborne

sunexdir@telus.net cell: 780-920-3058



Our next Cash Raffle is:

“Umbrella Cover Day”

Draw Date July 06, 2020

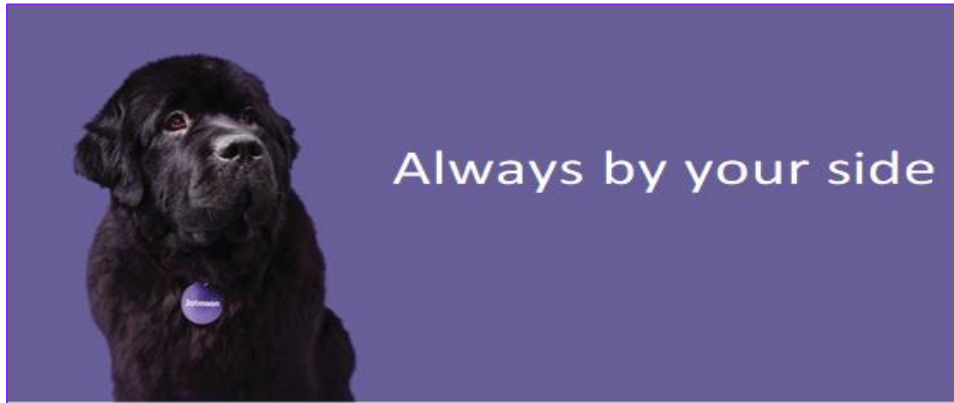
License #562743

See page 11 for ticket order form or purchase online: www.seniorsunitednow.com

Tickets \$5.00 each 5 Tickets \$10.00 20 tickets \$20.00 Please consider supporting SUN's critical fundraising.

Umbrella Cover Day - Monday July 6th, 2020 - Umbrella covers are the little sleeves, slipcovers, cases, sheaths, that come on new umbrellas when you buy them. Made of the same material as the umbrella, they are a tight and attractive bit of packaging, but can sometimes impair the speed of releasing the umbrella in a sudden shower. People are on the fence about whether they are critical bits of umbrella apparel, or a waste of material. It is this very ambiguity that has inspired a museum of Umbrella Covers and a Guinness World Record. So, whether your umbrella was purchased during the onset of a sudden spring shower, or an advanced purchase for a drizzly day, chances are that your umbrella's cover comes with a bit of history and has a story to tell. Umbrella Cover Day celebrates the stories behind the cover, and encourages you to hold onto and dig out your umbrella covers from the bottom of drawers, the backs of cupboards and from, unsurprisingly, on your umbrellas, and to celebrate the mundane and everyday things in life. Of course, umbrella covers can have practical uses, too – why not keep your plastic utensils in them, store your plastic bags, pencils, makeup, loose change.





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Calgary Chapter Update

As discussions progress, we will keep our members up to date.

If you have any suggestions or wish to be involved in the process, please contact the SUN Executive Director.

Linda Osborne
 Cell: 780-920-3058
 Email: sunexdir@telus.net



Renewal Incentive



Renew your membership early or within your renewal quarter, and you will automatically be entered in a membership renewal appreciation draw, winner will be announced annually at the AGM.

Renew your membership online!

SUN uses the PayPal system, for secure online renewals & donations
 NEW Etransfer may also be used for membership payments.

Email: unitenow@telus.net

Contact the SUN office for more information.

CASH RAFFLE - Winners

March 17, 2020 "Leprechaun Luck"

Congratulations to SUN members:
 Ticket #344 A. Ouellette - Edmonton
 Ticket #132 J. Stuart - St.Albert



Thanks to all members for supporting SUN's critical fundraising by purchasing tickets!

A YEAR WITHOUT SUMMER**submitted article Robert Price**

It's sad to see the disaster created by the coronavirus and its effects on the people of the world, causing many deaths and pillaging the world's economies. As a senior, I must be extra careful to avoid direct contact with my senior friends and groups. As everything is cancelled, including sports on TV, it has given me the opportunity to do some writing. Except for a brief trip to mail a letter a few days ago and a subsequent car trip a day later, I have been in isolation from both coronavirus and weather.

My friend, Ann and I drove to Beaumont to help a friend. What were some of the sights? Gas selling at the pumps for 59.9 cents, one wonders if it will get so low that service stations will pay us to "buy" gasoline in the future. Take it off their hands, so to speak. Another sight is the dearth of traffic on the road. Very few cars, but several large trucks delivering food and necessities. With so few vehicles on the road, the truckers could make good time. Hard on the drivers, though, who can make very few stops to eat or to have restroom breaks. I wonder if the photo radar cameras are out on Calgary Trail to spot some errant speeder who is making use of the new freeway. No people around, it was a cold day with strong winds after a snowfall the previous evening. Winter just wants to prolong the agony, while spring shows no interest in arriving. Maybe the cold might help us feel better about being indoors and isolated.

Oh, I had a meeting recently, a SUN meeting at Sherwood Park. No takers. Cancelled. But not quite. We had an e-mail meeting, or maybe teleconference next month. I say that with a sigh. April appears to be another month like March, perhaps even May will too, as the situation continues to deteriorate in North America and the rest of the world.

We thought of driving to the ghost airport on the way back just to see what is not going on, but Ann made a right turn instead of a left. We passed the empty Common and imagined that Southgate Mall was probably being haunted by its long-time customers, at least in their memories. One gets the feeling that it will be a long time before things are normal.

We are now held hostage to a virus that has its own agenda, and we will not be free until a vaccine is developed. Mankind likes to think that he has power to change things but has little control. Maybe we will not even have a summer this year. Of course, I am speaking metaphorically now with possible cancellations of all the Edmonton festivals like Heritage Days, K-Days, Taste of Edmonton, the Fringe and many more. Maybe, horrors of horrors, the cancellation of the CFL season. No Edmonton Eskimos. Hard for a season ticket holder like me.

Not the first year with no summer? Who has ever heard of the year without summer? There were several, but the most recent was in 1816. Just a year after vanquishing Napoleon, a natural disaster occurred. In 1812, a volcano, Mount Tambora, on an island in the East Indies, started rumbling, spouting dark, ominous clouds of ash into sky. By 1815, it matured into a massive eruption that spilled huge amounts of lava, pumice, and ash down its slopes, covering much of the island and killing thousands of people. Next, a tsunami occurred with more deaths. The vast clouds of ash climbed high into the stratosphere, up to 43 kilometers, with its gaseous waste of carbon dioxide, sulfur dioxide, and water vapor. The chemical reaction produced vast amounts of sulfuric acid, clouding out the sun and blocking solar radiation from reflecting to earth.

Within a few months it had spread throughout the Earth's atmosphere. Average world temperatures declined just enough to create a volcanic winter during the next summer of 1816. The results, and this is just a partial list: snow in New Hampshire on June 4, a major snowstorm of at least 20 cm between June 4th – 10th in Quebec City, delayed planting due to excessive frost, failed crops like wheat, oats, and potatoes in the northern hemisphere, particularly Europe and North America, leading to famine and ultimately to diseases like cholera and typhus. The monsoons reversed in India, causing more famine. This eruption of Tambora, on the 7th scale, was the most powerful in recorded history, comparable to one in New Zealand in 180 A.C.E. Directly and indirectly, over 80,000 people were killed and many more died from disease and famine.

The years of 1817-18 were not better until the clouds eventually dissipated. Mankind is extremely vulnerable to natural disasters, whether they come from Earth's natural features, from the sky or from invisible agents of doom. We must be optimistic and struggle hard to overcome these difficult times by self-sacrifice, following the rules and helping others, until a salvation arrives, perhaps in the form of a vaccine to make everything whole again.

South Edmonton Chapter

Quarterly Activity Summary

The South Edmonton Chapter meets on the second Friday of the month. Meetings are held at the Whitemud Crossing Public Library – Program Room 4211 – 106 St. Coffee and snacks start at 1:00 pm for early arrivals, followed by a fifty-minute presentation, a ten-minute refreshment break, and a thirty-minute question period. We welcome everyone to our meetings, member, or non-member. Please join us.

What's Happened...

January 10th, 2020 Engaging in an Active Lifestyle Jolyn Hall, BScN, SRES spoke about optimizing the aging experience to be able to enhance one's quality of life. This involved understanding active aging, knowing how to advocate for one's self, and how to be proactive in maintaining the decisions one makes for one's self. About fifty people attend.

February 14th, 2020 Green Sleeve Documents - Bea Claire, Healthy Aging Social Worker, Primary Care Network, spoke on the topic THE GREEN SLEEVES DOCUMENT. This included Personal Directive, Enduring Power of Attorney, and Goals of Care. Sixty people attended.

Postponed or Cancelled...

March 13th, 2020 - The presentation by Carl Ulrich on Medical Assistance In Dying (MAID)

May 8th, 2020 - Air Quality and Health - Adverse health effects of wildfire smoke and how to reduce exposure to air pollutants: Speaker: Opel Vizi, Federal Government.

What's Upcoming...

June 12th, 2020 CANADA FOOD GUIDE-Food choices and eating habits - Southside Primary Care Network. Kate Henderson confirmation pending based on social distancing and COVID-19 pandemic.

Sept 11th, 2020 Ellen Nygaard, who used to work with Alberta Pensions, will do a presentation on Pension Plans.

Oct 9th, 2020 & Nov 13th, 2020 Topic and speaker TBA

We regret the cancellations of our programs and will miss attending the SUN AGM to meet our other members and to discuss issues. Hopefully, we can reschedule these events and get moving again soon.

We hope that everybody is well, and that we can safely emerged from our cocoons once the crisis is over.

We would like to thank Whitemud Public Library for allowing us to use their facilities.

In addition, thanks to Millwoods McDonald's for the complimentary coffee.



Cynthia Lazarenko & Robert Price
Co-chairs Edmonton South Chapter



Every Member, and all Volunteers are an essential piece of the puzzle. Individual volunteers & all members play an important role in the ongoing success of SUN. It is true, many hands make light work – and we are incredibly grateful for the many volunteer hands we do have, but more are always needed and wanted!!! Please consider sharing your time and talents!!

Sherwood Park / Strathcona County Chapter**Quarterly Activity Summary**

Chapter meetings are held on the 3rd Tuesday of each month except July, August, and December. Meetings commence at 1:30pm and are held at Bethel Lutheran Church located at 298 Bethel Drive, Sherwood Park, which is fully accessible as meetings take place on the ground floor level. Members and non-members are welcome however a draw (Sobeys's Gift Card) is held at end of the meeting for members only. Sherwood Park Nottingham Sobeys donates cookies, and coffee is provided for attendees, however, donations are appreciated. Our presenters answer many questions during and after their presentations and are thanked with an appreciation gift.

What's Happened...

January 21st, 2020 - At our meeting (due to a speaker cancellation) members were asked to review our SUN priorities: considering stating questions for the February meeting with our MLA Jordan Walker. Many questions were formulated at the meeting, the questions were briefly presented by each table to the large group and the questions were later compiled by the Chapter Chair. Stan Poznanski, chapter Vice Chair and a small group agreed to meet with MLA, Jordan Walker and use these questions to help him plan his presentation.

February 18th, 2020 - Greet and Meet – Mr. Jordan Walker MLA - Sherwood Park

Moderator Gerald Northam, Vice President SUN, welcomed and introduced our speaker and thanked him for coming to our meeting. Jordan told us he is no stranger to seniors as he and his wife live with his mother-in-law. He cares about senior issues and his door is always open to discuss them. The issue of affordable housing is being looked at with a view to improving access and affordability. Questions from the floor included: What is considered affordable? What is being done about Orphan Wells and Tailings Ponds? Why did Alberta remove the 5% cap on vehicle insurance? What will be done to improve conditions for seniors in care? What is the poverty line in Alberta? When will the Sherwood Park Hospital become a full-service hospital? Will staffing in Care Centers be increased to meet the needs of seniors in care? Jordan took into consideration all the questions and promised to investigate the issues brought up. Alberta has completed a Health Care Review, the first since 2009 and is spending 40% of the budget on Health Care. Fifty-Seven(57) suggestions to improve service came from the Review. Jordan commented that he was "impressed by our organization". He observed that "our group is doing exactly what it needs to be done to improve conditions for seniors".

If you would like more information on the Alberta Health Services Review, please check online by searching "Alberta Health Services Review" to see the recommendations.

Postponed or Cancelled...

March 17th, 2020 - Defending Yourself - Barry Holland- Author No more Mr. Nice Guy

Apr 21st, 2020 - Leaving a Photo Legacy - Karen Murdock- Owner of Treasured Photo Collections

May 19th, 2020 - Family History - It is More Than Names and Dates with Ellen Thompson-Jennings

What's Upcoming...

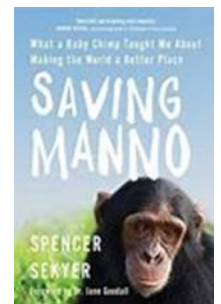
June 16th, 2020 - Spencer Sekyer "Saving Manno" author (Subject to the status of Covet19 isolation)

Saving Manno is a testament to the fact that every one of us has the power to change lives and make the world a better place.

Sept 15th, 2020 - Leaving a Photo Legacy - Karen Murdock- Owner of Treasured Photo Collections

Oct 20th, 2020 - Defending Yourself - Barry Holland- Author No more Mr. Nice Guy

Nov 17th, 2020 - TBA



***A special thank you to Sobeys – Nottingham - Sherwood Park
For donating delicious cookies!***



Submitted by Denis Beaudry Chairperson, SPSC Chapter

Join us! We welcome your wisdom, experience, and enthusiasm!

Plea for support

There are some basic truths in life and the following two apply to the above concern.

“USE IT OR LOSE IT” AND “YOU NEVER MISS IT UNTIL IT IS GONE”

SUN is dedicated to ensuring the equitable treatment in the community, for Seniors by making our collective voices heard. SUN is committed to be a contributing part of the changes necessary to meet the dynamics of a growing and changing senior population. You have a right and a responsibility to participate in your future, the future of your children and the future of your grandchildren.

WE URGE YOU TO RENEW YOUR SUN MEMBERSHIP NOW AND TO ENCOURAGE OTHERS TO BECOME MEMBERS.

Our question to seniors, near seniors and indeed all Albertans...Is there a need for an organization like SUN? We believe it is imperative to have a united and strong voice if we are to assist the elderly and bring attention to seniors' issues. There are hundreds of social and recreational seniors' organizations throughout the province and they do wonderful things. The number of seniors' organizations dedicated to informing and advocating on seniors' issues are few, and very few that do not receive government or corporate funding. Without question, SUN has been an independent leader in advocating and speaking out on seniors' issues. Unfortunately, the fact that SUN speaks out on seniors' issues severely limits our access to most types of funding. It has also been our experience that assisting the elderly and seniors' issues are not considered glamorous or dramatic enough to attract any degree of attention or support from the public or private sectors. We are doing our best to change this short sightedness. Progress has been made. However, we believe there is much yet to be done if we are to achieve a stability of wellness, home, and community for seniors.

SUN is at a crossroad. Our membership has declined, which sadly is one of our demographic challenges....

Our financial position is unstable and our ability to effectively speak out on seniors' issues is in extreme jeopardy.

SUN needs your help; SUN needs members; SUN needs financial support; SUN needs volunteers

SUN is looking for:

Members due for renewal or past due for renewal to send in your renewal promptly.

For every member to sign up a new member, perhaps give a family member, neighbor or friend, the gift of a membership.

100 members to donate \$100.00 - 200 members to donate \$50.00 - As many members as possible to donate whatever they can.

VOLUNTEER OPPORTUNITIES WITH SUN

Chapter Organizational Help - serving on a chapter steering committee, organization of chapter meetings such as: room set up, refreshment preparation, clean-up, phoning meeting reminders, arranging, and coordinating guest speakers.

Provincial or Local Help - Board of Directors - Trade Shows/Community Events - Research Assignments - Provincial Phoning Committee - Fundraising or more.

To enquire about a volunteer position please contact: SUN Executive Director Linda Osborne
Cell: 780-920-3058 Email: sunexdir@telus.net

St. Albert Chapter Quarterly Activity Summary

Chapter meetings are held on the fourth Monday of each month at 1:30pm at Cornerstone Hall, 6 Tache Street, St. Albert. We do not meet in July, August or December.

What's Happened...

January 27th, 2020 Navigating Aging - Joyln Hall, an active ageing advocate of Edmonton55 gave a presentation on active ageing-in-place. Physical and mental fitness are critical as are maintaining socialization and avoiding isolation. Twenty-four persons attended the meeting including Linda Osborne, SUN Executive Director and Wayne Sorenson, SUN Board Director. Vi Oko addressed the chapter agenda items. The dedication of our phoning team is to be commended.

February 24th, 2020 A Healthy Home - Odette Bose, Risk Communication and Public Involvement Officer with Health Canada, assisted by Madison Pecoskie, seventeen seniors were in attendance along with SUN Board representatives Gerald Northam and Wayne Sorenson. Vi Oko again shared information regarding local issues affecting our seniors. Our phoning committee remains a valued link to our members

Postponed or Cancelled...

Mar 23rd, 2020 & Apr 27th 2020 & May 25th, 2020

In the meantime, Vi and I are contacting our chapter members to inform them of local information and issues on wellness and isolation. I have contacted the local food bank, community organizations dealing with home sharing, the Housing Society, local Handibus and Homeland Housing regarding news not covered in the public media.

What's Upcoming...

June 22nd, Sept 28th, Oct 26th, Nov 23rd, 2020

Your support and talents are vitally important to the continuance of our chapter and Seniors United Now.

Please help in any way you can. New members and all seniors are cordially invited to attend our meetings when they resume. There is no obligation to join our SUN chapter, but we do hope that you will find our goals of interest to you and your friends. Our meeting notices will appear in the St. Albert Gazette under the 'Meeting' column in the 3rd Wednesday and Saturday editions.

Paul Stocker-chapter reporter

**For further information please contact:
SUN Administration Office 780-449-1816**

North West Edmonton Chapter Quarterly Activity Summary

The North West Edmonton Chapter meets the second Monday of the month (subject to Statutory holidays), except July, August and December. Join us at the Jasper Place Library 9010 - 156 St. Meeting Registration 1:00PM Presentation 1:30PM. Before each meeting attendees enjoy the coffee and snacks that are provided. SUN Board members provide updates on the Boards' activities for the previous month. Linda Osborne, Executive Director continues to provide support at our Chapter meetings.

What's Happened...

January 13th, 2020 – Cancelled due to extreme cold weather

February 10th, 2020 Seniors Isolation - Speaker: Heather Rowland PEGASIS - an excellent presentation on Seniors Isolation. The major focus being the importance of social connections with seniors. Many questions and great discussion.



March 09th, 2020 Nathen Wong from Westlawn Funeral Home "Planning for the Inevitable" handled the sensitive issues around the topic extremely well. Many questions and answers followed.

Postponed or Cancelled...

Apr 13th, 2020 & May 11th, 2020

What's Upcoming...

June 08th, 2020

Sept 14th, 2020

Oct 19th, 2020* Third Monday - Due to Thanksgiving

Nov 9th, 2020

We Invite all Edmonton and area SUN members to attend and bring a friend.

Your support and talents are wanted, please consider volunteering for our Chapter.

Contact SUN Executive Director Linda Osborne
Cell: 780-920-3058 Email: sunexdir@telus.net



W. Keith Hembroff
Edmonton NW Coordinator
Please come and join us!
Everyone is welcome!

North East Edmonton Chapter**Quarterly Activity Summary**

We hold our meetings at the Edmonton Public Library – main floor, Londonderry Mall 66th St. & 137th Ave. Our chapter meetings are held on the second Thursday of each month at 1:30 P.M. Except for July, August and December.

Our chapter reports on current SUN Board activities as well as providing guest speakers, to discuss senior related topics, followed by question and answer sessions.

What's Happened...

February 13th, 2020 Irene Struk, representing the Utilities Consumer Advocate, discussed how to reduce utilities costs and understand your heat and power choices. This meeting was highly informative, handout materials were provided to the well-attended audience.

March 12th, 2020 Celebrating 49 years of Broadcasting, dynamic guest speaker Bob Layton, News Manager of Corus Edmonton Group of Radio Stations, was greeted by our enthusiastic members. His lighthearted topic, "My Life in Broadcasting So Far" was a resounding hit!

**Postponed or Cancelled...**

Due to the COVID – 19 Pandemic, meetings for April & May Have been delayed until further notice. Once the "all clear" has been given by our Provincial Government, we will safely resume our chapter meetings.

April 09th, 2020 Vision Care & CNIB – Postponed

May 14th, 2020 Enjoy Your Life Leave the Errands to us - Wendy Moyle - Wendy's Errands for Elders – Postponed

What's Upcoming...

June 11th, 2020 - Enjoy Your Life Leave the Errands to us - Wendy Moyle - Wendy's Errands for Elders

Sept 10th, 2020 - Common Mental Health Conditions & Practical Strategies - Laurie Young - Healthy Aging - AHS

Oct 8th, 2020 - Vision Care & CNIB - Merico Tesolin

Nov 12th, 2020 - TBA



Arlene Johnson deserves a big thank you for scheduling speakers for the 2020 year. Kudus Arlene, particularly during this challenging time.

We extend an open invitation to attend our Chapter meetings, enjoy the fellowship and refreshments, participate, listen, and learn from our informative guest speakers; try your luck at the 50/50 draw. Admission is free so bring a friend.

Wayne Sorenson Chairperson, Edmonton North East Chapter

***A special thank you to Save on Foods & Starbucks - Londonderry Mall locations
For donating delicious pastries and providing discounted coffee for our meetings***



RAFFLE RULES

Umbrella Day - CASH RAFFLE

Name(s): _____

Address: _____

Phone # _____ For Office USE: _____

Email _____

Individual Tickets: ____ Tickets \$5.00 each \$ _____ (100 available)
5 tickets \$10.00 ____ Sets \$10.00 each \$ _____ (100 sets available)
20 tickets \$20.00 ____ Sets \$20.00 each \$ _____ (50 sets available)

Draw Date July 6, 2020
License #562743



Please make your cheque payable to SUN

- 1) Raffle tickets must not be sold to a person under the age of 18 years.
- 2) The purchase price of each ticket shall be: \$5.00 each OR 5 tickets \$10.00 OR 20 tickets \$20.00
- 3) To be eligible for draws, the ticket order and purchase amount must be received in SUN office by 10:00am, July 06, 2020
- 4) The prize payout shall be as follows:
1st prize 30% of the gross ticket sale revenue
2nd prize 20% of the gross ticket sale revenue
- 5) The draw(s) shall be made at the SUN office: #37 2016 Sherwood Drive, Sherwood Park, AB T8A3X3 prior to 3pm, July 06, 2020
- 6) The winning ticket buyers shall be notified by telephone; their names will be publicized in the next newsletter & on the SUN website. The winning ticket buyers will be awarded the prize via cheque drawn on SUN.
- 7) In the event of any concern or dispute regarding this raffle, please contact Lynn Penner at the SUN administration office. 780-449-1816
- 8) Raffle tickets are official when payment is received & numbers issued by the sun raffle chairman.
- 9) Your Ticket numbers are available by contacting the SUN office

SUN MEMBERSHIP Renewal / Donation April – September 2020

Individual: \$25 per year \$50 2 years Lifetime: \$200
Joint: \$40 per year \$80 2 years Lifetime: \$300



Donation in addition to membership dues
 \$5 \$10 \$15 \$20 \$25 other \$ _____

Renewal \$ _____ AGM \$ _____ Donation \$ _____ Raffle \$ _____ **Please make cheque payable to Seniors United Now**

Signed Cheque(s) enclosed **Chq#** _____ **Total \$** _____ Your stamp on our return envelope helps us reduce postage costs

Membership # _____ (see Back Page) Joint Member (if applicable) Membership # _____
 YES - replace my membership card YES - replace my membership card

(Please attach a stamped self-addressed stamped envelope if you are requesting a replacement card)

Name: _____ Name: _____

Year of Birth: _____ (used for SUN demographics only) Year of Birth: _____ (used for SUN demographics only)

Address: _____
(If different from mailing label on reverse)

Phone: _____ Email: _____ (send me electronic SUN information)

YES – I am interested in volunteering, please contact me.

AGM REGISTRATION FORM

17th Annual General Meeting

Alberta Seniors United Now Society - Wednesday Sept 30th, 2020*

*subject to an all clear from the Provincial Government

Name(s): _____

Membership: # _____ # _____ Phone: _____

Address: _____ City: _____

(If different than indicated below)

Postal Code: _____ Email: _____

Tickets: \$10 per individual Current Member \$30 per non-member

Ticket price includes admission - light lunch & refreshments

(Tickets will be held for pick-up at AGM pre-paid registration table)

PAYMENT OPTIONS:

Online: visit our website homepage See AGM notice & click on the “Buy Now” Button

Etransfer: unitenow@telus.net (Contact the SUN office to confirm password)

Mail: Seniors United Now unit37 #15- 2016 Sherwood Drive, Sherwood Park, AB T8A 3X3

#of Tickets _____ **Amount: \$** _____ **Cheque#** _____

Pre-registration is required to facilitate planning of seating, lunch, and refreshments

Return Undeliverable Canadian

Addresses to:

Unit #37 15 - 2016 Sherwood Drive,
Sherwood Park, Alberta, T8A 3X3

Thank-you for being a
SUN member, your
membership is:

Canadian publication

Agreement No. 40917510