

SUNBURST

The Newsletter for Seniors United Now

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#37 15 - 2016 Sherwood Drive, Sherwood Park, AB T8A3X3
Telephone 780-449-1816 Toll Free 1-855-786-8669

www.seniorsunitednow.com

Email unitenow@telus.net



The Voice of Seniors in Alberta

Notice is hereby given that the

Annual General Meeting of

Alberta Seniors United Now Society

will be held as follows:

Wednesday April 27th, 2022

Virtual Zoom Meeting*

9:30am – 9:55am Meeting Sign-in Attendance

Meeting Commences 10:00 am

Keynote Speaker: TBA

For the purpose of:

1. **President’s Report**
2. **Receiving and considering financial statements for the year ended December 31, 2021, and the report of the auditors thereon**
3. **Electing Directors**
4. **Transacting such further business as may properly come before the meeting or any adjournment thereof**

Dated 28th day of February 2022

Registration Requested see page 10 for information

Online registration: www.seniorsunitednow.com

page 12 for mail in registration form

*Zoom account is not required to participate



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Presidents Report

The Board of Directors of Seniors United Now are very disappointed by how the year 2021 concluded. We anticipated that we would be able to return to a normal level of SUN activities on September 1, 2021. This would include face-to-face chapter meetings, in-house meetings to revise our strategic plan and the resumption of meetings with government ministers. After all we were advised that this was going to be the best summer ever. It never happened and so we remained locked down.

Instead, the fourth and now fifth wave of COVID swept through Alberta and hampered everyone's plans. Restrictions were implemented and we were forced to continue to stay at home and not venture out too much. Opportunities to advocate for seniors was substantially curtailed. We did invite members to call our office for advice on their seniors' issues and a lot of our members did call. A board member or staff member responded to all these calls.

On a financial note, SUN was able to survive 2021 by cutting back on services and reducing our operating budget to 50% of our 2020 budget. Our operating funds came from our membership fees and prior years savings. A large part of our reduced costs was from our staff voluntarily reducing their hours of work, and declining any salary increases, for this action the board is extremely grateful. We all owe our staff a great deal of thanks for helping SUN survive the 2021 epidemic year.

In looking forward to 2022, we are now in the fifth wave and must continue to operate at half our 2020 budget. Our operating funds, to start the year, will come from membership fees and the generous donations we received from our members. We have also applied for a \$40,000 grant from the Community Initiatives Program Grants. We expect to be advised, if we are approved, in the month of February. We have our fingers crossed. We have also been scheduled for a casino, which will be held on April 11 and 12. We thank all our members who have volunteered to work this casino. Funds from the casino will be dispersed by mid-year. We can then return to a more normal level of operations. Our plan is to operate at a frugal level until these funds are realized.

The only bump in the road is whether there will be a sixth wave. We sincerely hope not. It appears that Alberta is approaching a 90% vaccination rate for adult Albertans. This should help to blunt any new COVID wave.

I personally look forward to a time when I can be fully involved, with a full complement of staff, with SUN members in a productive and more meaningful way than we are able to do so now. SUN remains the Voice of Seniors in Alberta. And we look forward to having a stronger voice than we have now.

Keep well and keep safe
Gordon Voth

Questions about seniors programs and services?

211 now provides enhanced information and referrals for a variety of seniors resources



Dial 2-1-1 to be connected to the Seniors Information Phone Line

AGM MEMBERSHIP POLL

Feb 15 – Feb 21, 2022

The Board of Directors have polled our membership to ascertain your direction as to which form an AGM should consist of on April 27, 2022. The result of the poll clearly indicates that the zoom format is the preferred option and the most likely to attract a quorum of SUN members. 56% Zoom/Virtual 23% In-person 21% don't plan on attending either format.

The decision has now been made that SUN will proceed with organizing a zoom AGM. The board will now pursue inviting a keynote speaker to present an informative talk. We will advise you, who has accepted our invitation, via our website and email.

Fundraising Appeal to Membership

The board of Directors extend our sincerest thanks to all those members who have responded to our appeal for bridging funds for the first half of 2022. We are pleased to advise that we received 66% of our goal to raise \$15,000.00 to continue to meet our salaries and operating expenses.

Your response to our appeal is most reassuring, in that you, as SUN members, want our organization to survive until once again we will receive casino funds. The casino funds provide a substantial amount towards our operating revenues for 18 months to 2 years.

Our budget will be tight, but the board is confident that we can manage on the funds we have and will continue to receive in the first half of 2022. We anticipate that the April 11th and 12th casino funds will be available by the third quarter of 2022.

The board sends a special thanks to all our members for your generous donations of funds and for your volunteer efforts on behalf of SUN. Together we will strive to maintain SUN as an organization dedicated to ensuring the equitable treatment of seniors in the community by making our collective voices heard.



Gordon Voth, President

Executive Director Report

Congratulations we made it through 2021. Yes, it was a very trying year but now it's 2022 – the sun is shining, and spring is on our doorstep. SUN and its members can look forward to the time of getting back to a better norm.

I am pleased to report that the Pharmacare Working Group is back meeting after a hiatus. We are discussing strategies to encourage the government to move forward with Pharmacare to all our benefit. Public Interest Alberta Senior Task Force has formed a sub-committee consisting of members from organizations that are part of the Senior Task Force which includes one of our board members, Gerald Northam, as well as CARP from Calgary. They are developing a campaign for the Senior Advocate to return to Alberta and advocate for seniors as a separate entity from the government like British Columbia now has. Network Gathering, formerly called the Stewardship Roundtable has been progressing over the winter to provide a more cohesive network to assist Seniors.

I look forward in the near future, having the opportunity to have in-person meetings. I also would like to encourage all members to attend our AGM April 27, 2022.

Respectfully submitted,
Linda Osborne - Executive Director



SUN BOARD OF DIRECTORS 2021 – 2022

Gordon Voth - President **Wayne Sorenson - Vice President** **William Holtz - Treasurer**
Secretary – Carolyn Reed **Gerald Northam - Director** **Bert Reich - Director**
Robert Price - Director **Stan Poznanski - Director**

SUN STAFF

Linda Osborne - Executive Director 780-920-3058 sunexdir@telus.net
Deborah Wilson – SUN Membership Coordinator 780-999-2313 suncoord@telus.net
Lynn Penner - Office Administration 780-449-1816 unitenow@telus.net

Sherwood Park / Strathcona County Chapter (SPSC)**Quarterly Activity Summary**

In January, our SUN Chapter Executive did another call-out. Why? To check-up on how our members were doing during COVID, let them know about our upcoming meeting in January, remind them about our donation drive and urge them to volunteer for our upcoming Casino in April. Our Chapter continues to be active with the zoom platform and has been presenting many educational and exciting speakers.

WHATS HAPPENED?**November 16, 2021 Presentation - Let's Talk Toastmasters**

Presenter: Glenda Sheard DTM CCP (Distinguished Toastmaster)

As a professional speaker and public speaking coach, Glenda gave us many reasons to join toastmasters. Toastmasters can help us to be a better listener, assess information that is given to us, express kindness to other people and make others feel valued. Increasing your communication skills can be one of our most valuable assets. During the Zoom meeting, presentation participants were encouraged to participate in Table Topics, a form of impromptu speaking that allowed them to speak spontaneously on a given topic. Several SUN members participated and found the exercise valuable, enlightening and loads of fun!

January 18, 2022 Presentation - Seniors and Eating the Mediterranean Way

Presenter: Cathy Sakowski, Registered Dietitian, Sherwood Park-Strathcona PCN

Eating the Mediterranean Way is a style of eating not a diet. It focuses on healthy portions of fruits and vegetables as a daily base, with fish and seafood at least twice a week, moderate weekly portions of poultry, eggs and dairy products with minimal importance given to meats and sweets. Water is encouraged and wine in moderation is allowed. Cathy has provided several documents: 7 Day Plan, 20 things to do with pulses, AHS Mediterranean style of Eating, Eating the Mediterranean Way for Seniors, Meal planning Resources. (Available by request email: unitenow@telus.net)

February 15 2022, Presentation - Managing Your Mental Health during Covid

Presenter: Michelle Adamson - MSW, RSW Sherwood Park-Strathcona PCN

Michelle talked about how difficult COVID has been on all of us. At a time when so many things feel out of our control, she went over some of the indicators that show signs of anxiety or deteriorating mental health; she then supplied us with a whole range of strategies we can implement to manage our mental health in a world full of uncertainties. She focused on SMART goals (Specific, Meaningful, Attainable, Realistic, Time allocated) as a practical way to deal with Covid related stressors and many other techniques that helped to secure our mental health in difficult times.

WHATS UPCOMING?

Upcoming Events are still in the planning stages, but our dates are set for presentations:

Mark Your calendars for other presentations:

March 15- Topic: At Your Fingertips - Presenter: Sylvia Hertling, Information Specialist, will share well kept secrets (free resources) you can find at the library. Comparing news stories, researching products, or registering for programs, are all at your fingertips at the Strathcona County Library.

May 16 2022 – Topic: TBA (Possible: Seniors Hub in Sherwood Park: What do we need to do?)

Presenter: Susan Mann, Executive Director, Central Lions Seniors Association

June 21 2022- Topic: TBA (Possible: Fall Prevention)

Presenter: Cole Gunderson, Certified Clinical Exercise Physiologist PCN

We are looking for Topics and Interesting speakers that may be available for minimal costs, please email us if you have a topic that you would like us to explore. unitenow@telus.net

Report respectfully submitted by:

Denis Beaudry Chairperson, SPSC Chapter

Join us! We welcome your wisdom, experience, and enthusiasm!



South Edmonton Chapter**A message to our chapter members**

It seems hard to believe that another year has gone by since COVID-19 began. We have not held a person-to-person meeting in almost two years since our library facility at Whitemud was closed for meetings. Other chapters like Edmonton NE and Sherwood Park /Strathcona County have held virtual meetings through zoom, and I encourage our members to attend their very interesting topics.

SUN will be holding a casino event in early April and the AGM a couple of weeks later. So, we can still play a role in SUN by volunteering for the casino, on April 11-12, attend other chapter meetings and attend our AGM.

Thanks for all your support during our recent phone campaign. SUN appreciates the many renewals of membership and donations. This has helped greatly in allowing SUN to operate by maintaining the office and paying the staff. Casino funds and a possible provincial grant will allow us to get back to normal.

It's good to see and hear most people doing well and adjusting to our two-year exile due to COVID-19, which we hope will soon end.

You can contact us if you have any questions, suggestions or would like to Volunteer with our chapter.

Cynthia Lazarenko and Robert Price Co-chairs South Edmonton Chapter

Contact: Bob 780-250-7164 e-mail: rogp@shaw.ca

Cynthia: 780-436-9720 e-mail: lazarcj@shaw.ca

**Northwest Edmonton Chapter****A message to our chapter members****Introducing the new Chapter chair...**

Hello to all chapter members, my name is Carolyn Reed, and I am the new chapter chair for Northwest Edmonton. My husband and I were originally members of the Alberta Society for Pension Reform (ASPR) and became members of SUN in 2012 when ASPR shut down. We were interested in what SUN was about and had enjoyed participating in the in-person SUN Chapter meetings. Since COVID started I've become more involved with SUN, due to encouragement from a friend, who suggested that I could use my skills to help SUN. Over the years I've become more aware of the seniors' issues that exist requiring an organization that advocates on their behalf.



Having participated for several years with a Toastmaster organization, as well as being a speaker for two advocacy groups, and a fundraiser for another one, I am glad to be a part of Seniors United Now, serving on the Provincial Board and the new Chair of the NW Chapter.

We will re-start our in-person NW Edmonton meetings when we can safely gather, and we will let you know when that will happen. I expect there will be a lot of interest in meeting topics related to the fallout from the current health crisis. Both physical health and mental well-being.

In the meantime, we encourage you to join in on the Zoom meetings being hosted by Edmonton NE and Sherwood Park Chapters.

I look forward to meeting you in person.

Carolyn Reed - Chapter Chair



Northeast Edmonton Chapter

Quarterly Activity Summary

Well thank goodness that we were able to get through 2021, and I do know that for some of us it was a challenge and a struggle. On a positive side, let’s hope for a better 2022. Because of the current COVID restriction, our in-person chapter meetings will be postponed until May and re-evaluated at that time. I am hopeful that by that time the Provincial Government will be able to assess and give us direction on any protocol changes.

Currently, we have been very successful in holding our Board meetings and Chapter meetings by using “zoom”.



WHATS HAPPENED?

JANUARY 12, 2022- Understanding Housing Options as You Age Are you confused by all the housing options? Not sure what would benefit you? Jolyn Hall, owner of “Edmonton 55” conducted an excellent presentation on “Understanding Housing Options as we age”. She also made her power point documents available for SUN to post onto our website. See her article on page 7

FEBRUARY 9, 2022 - Disability Tax Credit We were fortunate to have guest speaker Laverne, from Canada Revenue Agency Outreach, the presentation covered the Disability Tax Credit, eligibility, and how to apply. Information on Home Accessibility Tax Credit, Canada Caregiver Credit and Canada Workers Benefit eligibility, and how to apply.

WHATS UPCOMING?

MARCH 9, 2022- Credit Cards and Prepaid Cards

Tara Douglas, Program Lead, Financial Pathways of the United Way will designate a guest speaker to discuss “Credit Cards and Prepaid Cards” which will include: How to get the most of your credit cards, The difference between “good” and “bad” prepaid cards, and how to figure out the real cost of using credit

APRIL 2022 - The month of April will be a very busy month, as SUN will be holding the Annual General meeting and facilitating our April 11 &12 Century Casino event located on the Ft. Road in Edmonton. Because of these events, our chapter has **not** scheduled a meeting for April.

I will be active in lining up guest speakers for May & June. Keep healthy and safe!

Wayne Sorenson – Chairman, Northeast Edmonton Chapter

CASH RAFFLE – Winners

Winter Windfall

Dec 21, 2021

License #582504



Congratulations to SUN members:

A & F Jansen - Edmonton ticket #379

C. Garvey - Edmonton ticket #015

Thanks to all members for supporting SUN’s critical fundraising by purchasing tickets!

Our next Cash Raffle is:

“April Showers”

Draw Date: License #588618

Tickets \$5.00 each 5 Tickets \$10.00 20 tickets \$20.00

Join our growing list of SUN winners!

See page 11 for ticket order form

or purchase online:

www.seniorsunitednow.com



Please consider supporting SUN’s critical fundraising.



Making Housing Choices For Your Future

Guest Author



Pretty much all of us want to avoid nursing home and stay at home as long as possible, as we age. But are you aware of all the housing options available to you if your home is no longer safe, accessible or affects your ability to access the community around you?

As a 55+ Housing Navigator, every day I help guide older adults to plan for their future – plan their home modifications and plan the services that will support their independence at home. But the most important plan, is knowing future housing options you will consider if home is no longer safe for you.

So how do you plan for future housing choices?

The very first step is understanding your current situation. What works in your home now for you? What challenges do you have in your home now? What are your monthly and yearly costs right now to manage your home and day to day life? These essentials will give you a good foundation to build your future housing plan on.

The second element for future planning, is to know if you want to rent, purchase or life lease your next home. If you moved in one year, which would you pick? If you moved in 2 years, which would you pick? If you moved in 5 years, which option would best for you? Our needs and preferences will change overtime. Having some initial thoughts about what type of home ownership you want in the future, allows you to narrow your focus to most appropriate options for you.

When moving from your home – you want to make sure your next living option gives you something you didn't have currently. Maybe you'll have more accessibility because you move from a 2-story home to a bungalow. Maybe you won't have to drive as often because your apartment condo is beside a grocery store. Or maybe you won't have to struggle with meals and housekeeping because your next move will be to a lodge residence that provides those services.

When you know the home ownership type, and what is the 'extra' thing your next home needs to provide – it becomes easier to research housing options that meet your budget and location preferences. It is important to understand early what future options could work for you, so you can slowly research and tour existing options.

You never know when a health crisis will speed up your need to move. By doing this advance planning, you'll feel reassured you have a plan in place for your future housing needs when your home is no longer safe and no longer allowing you to be independent.

Jolyn Hall, BScN, CPCA®, SRES®, CRTS™
 55+ Housing Navigator
 780-909-5377
 jolyn@edmonton55.com
 Edmonton55.com
 Planning to Age Well Where You Live



St. Albert & Calgary Chapters

Currently there are no leadership volunteers for a chapter steering committee.

These chapters will be in hiatus until volunteers are recruited.

For further information please contact:

SUN Executive Director: Linda Osborne Cell:780-920-3058 Email: sunexdir@telus.net





65 years and older? Find out how the CRA can help!

Benefits and credits can put money in your pocket and help you make ends meet

How do you get benefits and credits? You and your spouse or common-law partner need to do your taxes each year to get the benefits and credits you may be eligible for. You have until April 30 each year to do your taxes and continue getting your benefits. The Canada Revenue Agency (CRA) uses the information from your tax return to calculate your benefit and credit amounts and any related provincial or territorial payments. Other government departments use this information to calculate payments, such as the Old Age Security pension and the Guaranteed Income Supplement.

What could you get?

Goods and services tax / harmonized sales tax (GST/HST) credit – up to \$456 per year for an eligible individual and up to \$598 per year for an eligible couple.

Age amount – non-refundable tax credit up to \$7,637 per year if you are 65 and older.

Pension income splitting – you may be able to split your eligible pension income with your spouse or common-law partner to reduce any income tax you owe.

Disability tax credit (DTC) – eligible individuals with a disability or their supporting family member may claim \$8,576 per year as a non-refundable tax credit. Go to canada.ca/disability-tax-credit.

Canada caregiver credit – non-refundable tax credit that may be available to you if you provide support to a spouse, a common-law partner, or certain other individuals with a mental or physical impairment.

Home accessibility tax credit – non-refundable tax credit for eligible renovations to improve the accessibility of your home. A maximum of \$10,000 per year in eligible expenses can be claimed.

Medical expenses – deduct eligible medical expenses that you, your spouse, or your common-law partner paid during the year.

Check out the Benefits Finder to see all benefits you may be eligible to receive. Go to canada.ca/benefits-finder

TAX TIME - Do you need help?



Get your taxes done for free

If you have a modest income and a simple tax situation, you may be able to get your taxes done by a volunteer for free. To learn more, go to canada.ca/taxes-help or call the CRA



Do your taxes online

You can do your taxes online with NETFILE-certified tax software. A variety of tax software packages and web apps are available, some of which are free. canada.ca/netfile



Use File my Return

The service lets you file your return by phone through a secure, dedicated, and automated service. The CRA will send you an invite if you are eligible. canada.ca/file-my-return.



Let someone else represent you

You can authorize someone to help manage your tax information with the CRA. canada.ca/taxes-representative-authorization.

Don't miss a payment!



Sign up for direct deposit

Direct deposit is a fast, convenient, and secure way to get your tax refund and benefit payments deposited into your account at a financial institution. Learn more about how to sign up at canada.ca/cra-direct-deposit.

Register for My Account



My Account lets you view and manage your income tax and benefit information online. You can also view any uncashed cheques you may have from the CRA, and if necessary, ask that a payment be re-issued. Go to canada.ca/my-cra-account.

Online See the benefits you may be eligible for, learn how to apply, and estimate how much you could get. Get benefits and credits for up to 10 years back. canada.ca/benefits-credits-ad

By phone To ask about benefits 1-800-387-1193 For other questions or to get forms 1-800-959-8281

Life in a Large Condominium Setting in the Age of COVID

In the large +55 Condominium complex where I reside west of Edmonton, our Condominium Board decided to follow all the Alberta Health Services Recommendations, issued March of 2020, and proceeded to literally lockdown all our amenity rooms. e.g., social room used for Thursday morning coffee gatherings and other activities like pizza nights; the exercise room, theater room, games room, crafts room; and the room housing the shuffleboard, pool table and dart board.

We have been allowed to borrow puzzles to take to our condos, which are left on a table in the common area. Our onsite library has been permitted to function with the help of volunteers. We were all asked to refrain from visiting each other's condos, instructed to wear masks in all the common areas; and not to gather in the open areas obstructing the flow of traffic to and from the mailboxes. Delivery people are required to call the residents to say that they are leaving their parcels and packages in a blue box at the entranceway. This causes problems for people with mobility issues.

Also, our Social Committee has done wonderful things to help lift our spirits. They have held contests for best Easter display, best gingerbread house, best pumpkin carvings. They asked for displays for Remembrance Day, and met outside to honor veterans at 11:00 a.m. We met outside banging pots and pans to thank our first responders, who come here a lot! We've met outside to sing Oh Canada.

Although these measures did curb the spread of COVID, these extreme measures have caused feelings of isolation, loneliness, depression, frustration, and a sense of loss among the mostly elderly residents. With the onset of Omicron, residents can add feelings of hopelessness.

Many of us have had limited visits with our friends and families. Our grandchildren are virtually growing up without hugs and kisses from their grandparents. Those of us who have some ability with electronics can keep in touch with our young people via Facetime or Zoom calls. In most cases our loved ones are within driving distance but might as well be on the other side of the world.

As for me personally, I was inspired to accept a position on the SUN Provincial Board as Secretary. This was scary because I have been retired as a government secretary since 2001 and wasn't sure I could pull this off anymore. Furthermore, I volunteered to help with a fundraiser calling list.

What was I thinking, during the busiest time of the year, and me with a broken foot!

The calling list itself, was somewhat rewarding. I talked to a very nice widower in southern Alberta, a lovely, widowed lady somewhere around Camrose; and a man in B.C., who I was reluctant to call - hey what would he care? Turned out he cared a lot! I guess the Lord leads us in mysterious ways if we let him. Sometimes, helping others in small ways can lift our spirits at the same time.

I also volunteered to be the Director of the Northwest Edmonton Chapter of SUN, which meets at the Jasper Place Public Library on the first Monday of the month at 1:00 p.m. Hopefully, we will be able to have face-to-face meetings in the spring. If anyone would like to step up and help me, I can assure you, we need all the help we can get!

SUN could use volunteers in all kinds of ways: phoning members is one or helping with your local Chapter meetings. Does any of this appeal to you? You can get started by calling SUN Executive Director - Linda Osborne (780) 920-3058.

Hopefully, this pandemic will end soon, and we can hug our grandkids without wearing masks; and have visits in our homes instead of in the community parks.

Submitted by Carolyn Reed Provincial Board Secretary

AGM 2022 REGISTRATION

We are requesting members to register for the April 27th Annual General Meeting. We need to achieve a Quorum of 50 (fifty) current members. Please consider attending. You may attend online via zoom or by phone.

*Zoom account is **NOT** required to participate.



Registration Information

- 1) Online registration: www.seniorsunitednow.com
- 2) Page 12 for a mail in registration.
- 3) For members that would like to participate by phone contact the SUN office to register: 780-449-1816 (Long Distance charges may apply)

E-Mail Communication

SUN Administrator

newsletter@seniorsunitednow.com

We thank all those members that have subscribed to our electronic communications that are sent out via our website program. If you have not yet subscribed, you may do this by visiting our website and clicking JOIN OUR EMAIL LIST.

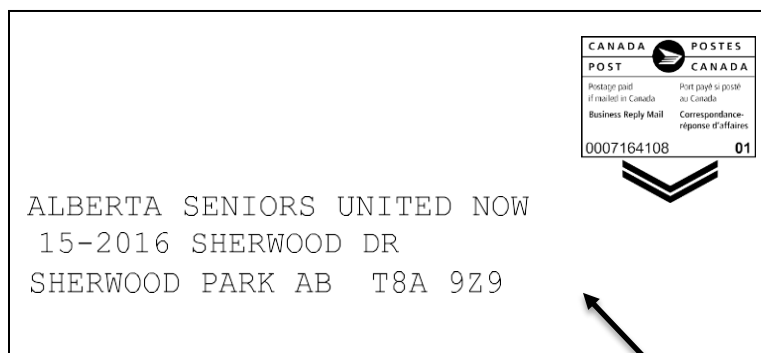
What communications are sent out?

Messages, information, and updates to all our members including the invitations to participate in the zoom virtual meetings. As these are preprogrammed messages sent in bulk, some members have had situations where their computer virus security program is automatically “unsubscribe” from our email communications. We suggest that this may be alleviated by adding the newsletter SUN administrator address newsletter@seniorsunitednow.com into your personal contacts.

How often do we communicate?

SUN is committed to not overloading members with daily or weekly messages, our goal is to send out no more than two emails monthly.

SUN Polls – SUN has added another communication tool, we are planning on having polls to hear from our members on various topics these polls will posted on our home page of our website, notifications will be sent out to members that have registered for email communication.



Seniors United Now –

Return Envelope Change

Cancellation of Canada Post Business Reply Mail Envelopes and service

SUN is advising all members that we have cancelled our contract with Canada Post for the Business Reply Mail (BRM) envelopes effective July 31, 2021. These are the **postage paid** return envelopes addressed to:

Alberta Seniors United Now 15-2016 Sherwood Dr. Sherwood Park, AB T8A 9Z9.

Please discard any of these envelopes you may have on hand Canada Post will treat them as **Undeliverable mail**, and as such will be **disposed of by Canada Post without being opened**.

Unfortunately, we have had to cancel this service due to the extremely high cost of maintaining the service with Canada Post.

April Showers



Name(s): _____

Address: _____

Phone # _____ For Office USE: _____

Email _____
(please print)

Individual Tickets: ____ Tickets \$5.00 each \$_____ (50 available)
5 tickets \$10.00 ____ Sets \$10.00 each \$_____ (100 sets available)
20 tickets \$20.00 ____ Sets \$20.00 each \$_____ (75 sets available)

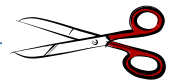
Draw Date : April 04, 2022
License #588618



Please make your cheque payable to SUN

RAFFLE RULES

- 1) Raffle tickets must not be sold to a person under the age of 18 years.
- 2) The purchase price of each ticket shall be: \$5.00 each OR 5 tickets \$10.00 OR 20 tickets \$20.00
- 3) To be eligible for draws, the ticket order and purchase amount must be received in SUN office by 10:00am, April 04, 2022
- 4) The prize payout shall be as follows:
1st prize 30% of the gross ticket sale revenue
2nd prize 20% of the gross ticket sale revenue
- 5) The draw(s) shall be made at the SUN office: #37 2016 Sherwood Drive, Sherwood Park, AB T8A3X3 prior to 3pm, April 04, 2022
- 6) The winning ticket buyers shall be notified by telephone; their names will be publicized in the next newsletter & on the SUN website. The winning ticket buyers will be awarded the prize via cheque drawn on SUN.
- 7) In the event of any concern or dispute regarding this raffle, please contact Lynn Penner at the SUN administration office. 780-449-1816
- 8) Raffle tickets are official when payment is received & numbers issued by the sun raffle chairman.
- 9) Your Ticket numbers are available by contacting the SUN office



SUN MEMBERSHIP Renewal / Donation January – March 2022

Individual: \$25 per year \$50 2 years Lifetime: \$200
Joint: \$40 per year \$80 2 years Lifetime: \$300

**IMPORTANT see PAGE 10
NEW RETURN
ENVELOPE INFORMATION**

Donation in addition to membership dues
 \$5 \$10 \$15 \$20 \$25 other \$_____

Renewal \$_____ Donation \$_____ Raffle \$_____ Please make cheque payable to Seniors United Now

Signed Cheque(s) enclosed Chq#_____ Total \$_____

Membership #_____ (see Back Page) Joint Member (if applicable) Membership #_____
 YES - replace my membership card YES - replace my membership card

(Please attach a stamped self-addressed stamped envelope if you are requesting a replacement card)

Name: _____ Name: _____

Year of Birth: _____ (used for SUN demographics only) Year of Birth: _____ (used for SUN demographics only)

Address: _____
(If different from mailing label on reverse)

**Renew your membership online! SUN uses the PayPal system, for secure online renewals & donations
Etransfer may also be used for membership payments. Email: unitenow@telus.net**

Phone: _____ Email: _____ (send me electronic SUN information)
(please print clearly)

YES – I am interested in volunteering, please contact me.

AGM REGISTRATION

Online registration available visit:

www.seniorsunitednow.com

Name(s):

Membership #(s) (see Below)

Phone:

Email: (please print)



**Return Undeliverable Canadian
Addresses to:**

Unit #37 15 - 2016 Sherwood Drive,
Sherwood Park, Alberta, T8A 3X3

**Canadian publication
Agreement No. 40917510**

SAVINGS FOR THE ROAD.



We're proud to have walked with Canadians for over 130 years and in these uncertain times, we want you to know that you can always depend on your friends at Johnson Insurance. We are there for you and we will get through this together.

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